



KRYON for North America with Barbara Bessen

Hawaii: Aug. 7 – 20, 2010

To walk with KRYON and Barbara Bessen on the traces of Lemuria:

An Adventurous Journey to Kauai/Hawaii

Dear KRYON-Friends,

It is always very exciting to come together with KRYON, and he/she is always good for a surprise. Last year, the idea came to me many times to organize a group-journey to Hawaii. He also had the one-pointed target that it should be the island of Kauai and no other. First I dealt a little with Hawaii because I never had been there and by looking at it closer, and also feeling into it, I realized that it was exactly this island which touched me deeply. If one looks at the map, one notices that it is almost in a heart shape. Is it maybe with this journey about opening one's own heart to let the all encompassing love flow even more? Besides I also feel the strong power of the divine Mother, which is enveloping this island. For sure this will be an adventurous journey!

From "**August 7 – 20, 2010**", we have booked on Kauai a very wonderful and comfortable hotel right on the ocean front, so right away in the morning one can take a jump into the clear water. This trip should serve all of us, northern Europeans and North Americans as relaxation, but spiritually we also want to open another window to get into one's own power even more. We also want to get to know the island and feel very deeply into how the energies of Lemuria are flowing into us. Maybe we will remember this wonderful era and can take this strong and joyful life power deep within ourselves and carry it home, so that our life will become even lighter and be filled even more with joy.

I am very much looking forward and would like to present to you our program as it would approximately look. We will spend much time together, but there also will be enough time to individually explore, or simply enjoy the island. This we thought for us and for you:

Aug. 7, 2010, Flight from your Airport via Los Angeles to Hawaii (or similar flights). Ask for information on flight schedule planned from LAX to Lihue (Kauai) or arrival time.

We will be landing in the evening, in the City of Lihue, the Garden Island of Kauai. A shuttle to the hotel will be waiting for us to bring us to the "Sheraton Kauai". The hotel is directly on Poipu Beach, the most wonderful seashore of Kauai. Depending on preferences and weather, one finds on Poipu Beach, also the Waiohai Beach and Brennecke Beach, the right places to bathe, for scuba diving and surfing. The location of the Sheraton Hotel, as well as the garden, is very pleasant and comfortable. For 13 nights rooms in the category of "Garden View" are available. The hotel also offers elaborate wellness centers. Those who would like to be spoiled physically, for sure can find the right things here. Every Tuesday, Thursday and Friday, the hotel offers Yoga classes in the mornings. Please check the Internet for complete information: www.sheraton-kauai.com.

Aug. 8, 2010 Welcome Seminar

In the morning you will find time to accommodate and adjust. At 1 PM we will meet for our first KRYON-meeting. We'll listen to the channelings of KRYON and meditate until 4 PM.

In the evening we'll join in for dinner and get to know one other. We'll let ourselves be served in the hotel with a Punahale Dinner, an assortment of typical entrée, main course and sweets. We'll probably be sitting outside and have the Hawaiian winds tingling at our noses and later maybe we'll start off for a stroll.

Aug. 9, 2010 Journey to Waimea Canyon



After breakfast we want to explore the island a little. We'll start with a bus and travel guide to the southwestern part of the Garden Island. The ride leads us through the pretty city, Hanapepe, an example of a old fashioned town in plantation style which dominated the island earlier. Parallel to the south coast we'll drive to Waimea, the place where Captain Cook stepped on Hawaii for the first time. From there the road leads north,

to Waimea Canyon. This canyon is also described as the Grand Canyon of the Pacific. There are always great new views waiting for us in the Canyon-valleys, which are very steep and, with the sunlight, glow reddish and there are opening views



to the Na Pali Coast, where there are impressive sceneries of the 43 white sand beaches that served for various Hollywood movies, such as Jurassic Park" and others. If there is a possibility, I would like to channel KRYON there. In the afternoon we'll stop at the Sprouting Horn, a "sea-water-geyser" before returning to the hotel.

For our physical wellbeing the hotel will prepare a lunch-packet. There are also possibilities to eat something on the road for those who are still hungry.

Aug. 10, 2010 Time Off

This day is open and unscheduled. We can totally relax and walk on the beach or bathe in one of the two pools. Or maybe we will make use of the many fitness offers at the hotel?



Aug. 11, 2010 KRYON-Seminar

Today will be a seminar-day. We are looking forward to our seminar-room and will be there from 10 AM – 12 AM and from 3 PM – 5 PM. We want to listen to KRYON'S messages and meditate. At 8 PM there will be a lecture with Klaus Felix Kaiser on: **The "young" Pacific, the "magnetic" clock on the floor of the ocean and the "hot spot" beneath the Hawaiian Group.**

Aug. 12, 2010 Journey to Wailua River State Park



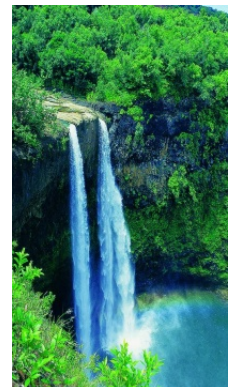
Today we would like to explore the island further. We'll take a half-day trip into the area of the Wailua River State Park and take a boat ride on the idyllic-tropical route on the Wailua River to the well known fern-caves. On the approx. 3 miles long boat ride, the landscape slowly passes by, and we'll let ourselves be impressed by the tropical vegetation. The lava-cave is lusciously covered by

ferns which even hang from the ceilings.

Directly afterwards we'll be visiting the Holoholoku Heiau, the only well-preserved temple of the early times of the Tahitian immigrants and the Opaikaa waterfall. In old Hawaiian times, the Wailua Valley was the residence of the king of the island.

If there is a possibility, I would like to channel KRYON in the facilities of the temple.

Again there will be a lunch packet for the journey.



Aug. 13, 2010 Time off

Time for recreation and relaxation or journeys.

In the evening we will finish the day with a Hawaiian Luau dinner. Luau is a traditional Hawaiian feast meal, which originally was celebrated only with relatives and friends. We will be dining on wonderfully decorated tables in the gorgeous garden of our hotel and we'll be enchanted by the Hawaiian music and performances.

Aug. 14, 2010 KRYON Seminar

Today again we will be deeply connected with KRYON. In the seminar room we'll listen to his messages. Maybe St. Germain will join in for a visit? Let us be surprised. We'll meet from 10 AM to 12 AM and from 3 PM to 5 PM. The evening is still open. Maybe we take a stroll together and meditate in nature?

Aug. 15, 2010 Time off

This day is open for free choices.

Aug. 16, 2010 KRYON Seminar

In the seminar-room today we want to deal with the topic of "healing". We'll meet from 10 AM to 12 AM and from 3 PM to 5 PM. At 8 PM there will be a presentation by Klaus Felix Kaiser: **"The pearl-chain of the islands Kilauea and Midway – from the fiery volcanic islands to the Atoll paradise"**.

Aug. 17, 2010 Journey to the North Coast



A land journey is expecting us today. On this full day excursion we'll learn the North and North East coast. The best way to take this tour is in a few 10-

seater vans, so that we reach the very corners of this island, which buses would not be able to reach. We'll have the first stop at the Hanalai Lookout, where we'll have a splendid view of the Hanalai Valley. A wonderful panorama stretches out of clean chess-board-patterns of rice plantations in front of the mountains. This area belongs to the "Wildlife Refuge", a protected area for herons, Hawaiian ducks and rare water birds. Shortly after this view point, the road leads through the cliff side down into the

valley and offers the first great open view to the silhouette of the Na Pali Coast. The Pali, (high cliffs) of Kauai is, at the same time, the northern coast of the entire archipelago on which the Pacific waves finally meet after many hundreds of sea miles. Up to 36 feet high giant waves thunder against the rocks during the winter months.

We'll pass beautiful beaches and drive through the town of Hanalei. Taro farmers, Hawaiian families, old hippies and artists live here. The main road with wobbly wooden houses—which have been rebuilt after a recent hurricane, as well as the stores, galleries and some churches—and a long, large sand beach invite us for a visit. We'll ride in the vans to the end of the road to the fantastic Heana State Park. Here begins the dreamlike Na Pali Coast.

Depending on the energies, maybe a short walk along the coast—one of greatest in the world!

If there is a possibility, I will channel KRYON on this tour.

We will be supplied with lunch-packages.

Aug. 18, 2010 Time off

A day for relaxation and recreation



Aug. 19, 2010 KRYON Seminar

Today, KRYON will move us once again with his messages and energies. We'll spend the day from 10 AM - 12 AM and from 3PM - 5 PM in the seminar-room, listening, feeling and meditating.



Too bad, it's our last evening. We want to enjoy this together with an elaborate goodbye-dinner. The hotel will treat us to a special BBQ dinner with a large selection of entrée, main course as well as sweets. For our farewell maybe we'll meditate on the beach or go for a walk together and watch the stars? They probably glow especially intensely here. How nice that we had the chance to be here! Kauai, Hawaii we'll come again...

Aug. 20, 2010 Leaving Kauai

Today it's time to say goodbye from the island paradise. We will be taken to the Airport Lihue. From there, there is either the return flight via San Francisco (or LAX) to the airport in your region or you can start with the follow-up program and fly with Hawaiian Airlines to the dreamlike island Maui.

This trip is only partially structured. We have some more ideas, such as a visit by a Kahuna (Hawaiian shaman) and a special geological hike, or a boat ride on the breathtaking coast with a captain, who will tell us myths and legends from the Hawaiian point of view. And if we are lucky, we may see a large sea turtle or dolphins! Or a tour into the Kamikola Village, which is built in the old tradition with much information on the islands.

But let us leave this part open; what would such a trip be without spontaneous surprises?!

The trip to Hawaii is a very special journey where we would like to be well cared for. Therefore I will have very good assistants who will help me look after you and they also have much knowledge and information about the islands groups for you.

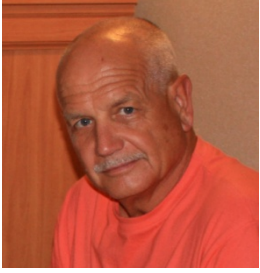
Mrs. Godje Haverkamp, you may know her from the KRYON-office. She will be traveling from Frankfurt and stay until the day of your departure. Mrs. Haverkamp is multi-lingual and available for all questions and small problems. She will do her best to fulfill all desires and will take care of the journeys on the island; in short, she will do her best to make this trip as comfortable as possible for everyone.



Pono Nicole Stalder is an assistant and will be a wonderful support with her knowledge. She says: When I first arrived on the island, I immediately felt at home and connected with the Hawaiian culture. For me it is important to honor the land and its inhabitants and, if interests arise, I can tell you more about the myths and stories from the old days up to now. On my first trip to Kauai an intuitive connection to Lemuria was established and has stayed with me ever since. Also I took with me the ALOHA and live it at the moment in Switzerland, where Hawaii is still within my being and inspires my art.



Klaus Felix Kaiser, as an Earth scientist, will tell us about the geological history of the Pacific, the Hawaiian group and Kauai and also present the development of this archipelago from a fire-spitting monster to the lovely coral islands and, on our hikes, explain with joy the geological phenomena. Felix is a teacher of the geographic history at the University of Zurich and at a state college in Zurich. He loves nature, the mountains, and the sea, is a passionate skier, and as a private pilot lifts himself quite often in the air.



Traveling Costs

Per person in a double room € 4520,-
Addition for single room: € 1119,-

Included within these costs are:

- The KRYON Seminar with Barbara Bessen
- Lectures with Klaus Felix Kaiser, Earth scientist
- Hiking and historical support with Pono Nicole Stalder
- Flight from LA
- Transfer from airport to hotel and welcome by a representative of our travel office.
- 13 nights at the Sheraton Kauai, Poipu Beach, category Garden View.
- 13 breakfast buffets at the hotel
- 3 journey-inclusive lunch packets
- 3 dinners: Punahale Dinner, BBQ Diner, and Luau Dinner
- 1 adapter for the electrical plug
- 1 porter's fee at the hotel

Paying instructions:

With registration we ask for the transfer of 50% of the total cost (special agreement on request). The balance of the payment must be effective by April 15, 2010. Participation is limited. The reservation is valid with the first payment.

For cancellation before April 15, 2010 we ask for a cancellation free of 25%.

For cancellation after April 15, 2010 the full amount will be due.

For such possibilities we suggest a cancellation insurance which will cover the flight as well as seminar costs. The travel office Canusa can help you with this.

KRYON - Büro:

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